



Icebreaker:

Tell about the worst time you had to deal with a cold or flu.

Announcements:

Invite a friend to join you for one of our Easter services.

Prayer Time:

Pray for our building project as renovations continue in our west wing and work on our parking lot begins

Study Questions:

Scripture tells us that all of us deal with areas of personal weakness and temptation. Why is it so hard to admit sometimes that we struggle? What prevents people from being real with others? How do people sometimes abuse and misuse the information we share?

What role does God's commandments play in understanding our inner struggles- see Romans 7:7-12. Why are God's laws and commandments good? How does the thermometer and Cat Scan metaphors give us clarity on the value of the Law?

Read Romans 7:14-24. What stands out to you from these verses? What is the source of this inner battle- see V.14,18? How does this inner conflict between good and evil- selflessness and selfishness- good attitudes and actions and bad attitudes and actions show up in our lives?

What are some of the ways people deal with this inner conflict? How does God want us to respond- see Romans 7:24-25- 2 Corinthians 5:17.

Read Ephesians 4:17-19. What happens if we stop caring about the darkness in our own lives? How is the conviction we feel actually a good sign?

Read Ephesians 4:20-5:1. What are some of the ways we are to take off the old life and put on the new life? How much effort and focus does this take? How do some people use this battle as an excuse to tolerate darkness in their lives? What does this say about being complacent and accepting our sin as normal and expected?

To win our spiritual battle we need to fight forward. How can we do this? What does Ephesians 5:8-15 say about our response to inner darkness?

Conversational Prayer: Dear God help me...